



# Abraxas

*The official newsletter of Angelic Reiki*

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## Editorial by CHRISTINE CORE

**T**his year has been a major one for endings and new beginnings, and Angelic Reiki is no exception.

Claire and Phil have produced this newsletter since 2013. Claire's input has been - and here I have stopped to find the right words - the best words I can find are that it has been a true blessing.

Her enlightening articles on astrology have been both instructive and supportive, and followed the tradition Kevin started of bringing attention to the importance of the solstices and equinoxes. Astrology is a scene that can help us make some sense of today's world and allows us to see a bigger picture.

Also, a big thank you to Phil, who has brought his professional skills to the newsletter. Presentation makes a publication, and messages the professional standards of those it represents.

I now need to introduce Sara and Rui. They represent the real international nature of Angelic Reiki, moving the editorship of the newsletter to Portugal.

Sara is an Angelic Reiki Master Teacher and came to the Gathering/Update in Belfast this October. We were discussing the future of Angelic Reiki and the new umbrella organisation of The Foundation of Cosmic Fire, and the important role that the newsletter had played.

At the end of the workshop, Sara offered to take on the editorship with the support of Rui.

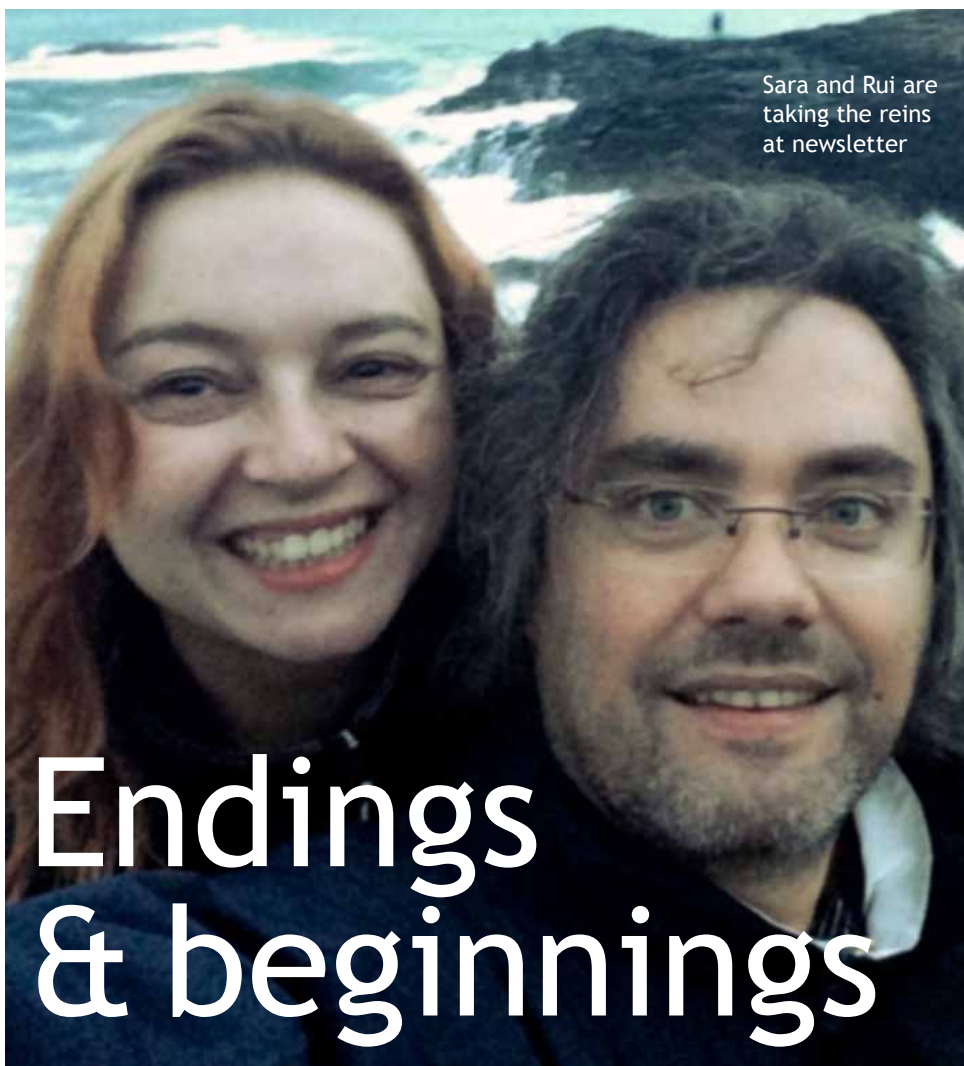
In the new newsletter there will be more regular contributors. This is very important for the success of the newsletter. It does not leave all the responsibility for articles on the editor and it is brilliant to share some of the wonderful work, wisdom and insights that are happening around the world in the Angelic Reiki family.

If you would like to be a contributor, please let Sara and Rui know. A regular contributor for the astrology column would be great. Could you offer that? The next edition will be the spring equinox.

In closing, Angel Blessings and Gratitude to Claire and Phil, and Sara and Rui.

## **Brexit and Trump: More change**

I have got to laugh; my computer thinks that 'Brexit' is not a real word. I shared the first part of my train journey home



Sara and Rui are taking the reins at newsletter

# Endings & beginnings

after the recent Angelic Reiki with Selini from Turkey. Our conversation went to the unsuccessful coup in her country last July. Her reflection of the event was that, although at the time it seemed to be a terrible thing, it was actually preventing a more terrible thing from happening.

I believe this is the archetype for this last year's major events. It is in fact a major archetype which we seem to live out worldwide and in our own personal lives.

We are so quick to have an opinion about some difficult change but how often, in the fullness of time, can we see the fruits.

Rights and wrongs to one side, what I see acting out on the world stage is very significant and positive. Let's face it, the way we were running the world was not working. The world has seemed absolutely MAD, utterly INSANE. It is said that the proof of insanity is repeating doing what

does not work. Have we, humanity, turned the corner? I think we have. Perhaps this year's events are the sign that we are waking up.

This is of course a world event but it is also a personal event. I believe that our greatest contribution to world peace, and it is Christmas after all here in the West, is to find our own true peace.

Peace with ourselves in the form of self-love and forgiveness, and then with our nearest and dearest; finding love and forgiveness with them too.

A very Happy Christmas to those of you who celebrate that tradition, and an awesome festival of the coming of the light to everyone north of the equator and midsummer's day to you down under.

Much love,

Christine

# Walking the AR path

By Jose Luiz

After a kind invitation from Christine to share my story here, I have decided to write it because the spiritual path may feel very lonely to some. Comparing notes, sharing experiences with others may show we are not alone. May my story inspire you.

At the age of 17 I was hit by a car and spent over three months recovering at a hospital. During that down time my spirituality started to blossom. Those were the days, in the 1970s, when books by Lobsang Rampa about Tibetan monks and their practices were taking a whole generation of seekers to new realms of spiritual knowledge. Ready for more, I ventured through astrology, traditional Chinese medicine, numerology, Theosophy, attended lectures, meditation, read piles of books, took copious notes and searched whatever caught my attention as a possible path of spiritual learning.

At some point I realized, despite my vast knowledge, I was only a repository of theories, but had no power. Nothing I knew had really empowered me. No spiritual practice known to me had ever quenched my thirst or resonated with my heart. From all I had learned, the chakras were the only thing to make sense.

## CHAKRAS

One evening in the early 2000s, I was inspired to do an internet search and was surprised to find some very useful information about chakras. But, again, I was only accumulating information without any practical use. I could not yet bridge what I had learned about plants, flower remedies and other healing modalities, but kept pushing forward.

Then, one day I had an insight that became a game changer in my life: if we understand the chakras, which are all part of our human energy system, all physical and emotional imbalances in the human body may be resolved.

Believing I had found my path, I invested once again in learning more about the chakras and their healing possibilities. The more I searched, the same name kept popping before my eyes: Anodea Judith, because of her excellent books on the subject. Another internet search showed she was teaching at a seven-day workshop about chakras in two weeks, some 50 miles from my house in Northern California. Too good to be missed!

That enlightening workshop was followed by four others with different teachers. In one of them I met Mary, a crystal healer who worked with pendulums. That was



*Jose's healing pyramid in action*

fascinating! I spent all the time during class breaks talking to her. Yes, there is a connection between chakras and crystals! That was a very empowering realization!

## CRYSTALS

Parallel to that, I found two very good psychotherapists who understood chakras and started having sessions with them. Since I already had a vast knowledge on the subject, but no method or technique, the effectiveness of their work was fast forwarded by my eagerness to cooperate, learn and resolve my inner issues.

Unbeknownst to me, I was being taken energetically, in one jump, from the 4th to the 6th dimension, something I would only understand two years later through Angelic Reiki. Then I felt a huge call to crystals.

Once again, internet to the rescue. After spending hours reading about it, I had to go to a crystal shop. When I entered one, despite my very limited knowledge, the familiarity I had with them made me feel I had found my higher calling in life.

Months later I was already successfully rebalancing chakras with crystals and getting enthusiastic feedback from friends I had worked on. I was doing it with such confidence it was clear it had to be something inherited from past lives.

## ATLANTIS

Fast forward maybe a year and I met at a party an old acquaintance, someone I had not seen for more than ten years: Janis Kembel. She gave me her business card and said: "I've retired and am doing



Angelic Reiki. Call me". I must confess the word Reiki had never appealed to me. It took me exactly a year to call her. We met, she asked if I believed in angels and invited me to one of her classes. Angels was something I resonated with, but had no idea where to get started with and never gave it much thought. It all started to make sense when I took Angelic Reiki 1, 2, 3 and 4.

Here, the big game was getting started! Studies in spirituality were taking more and more of my time.

While researching on Amazon, I stumbled upon books about Atlantis written in the 1980s by Frank Alpern. They changed my life! It seemed the author had written them especially for me, because the words resonated deeply with my inner truth.

Finally, I dared to ask if I had been a high priest in Atlantis, because all seemed so familiar. The answer was a blatant

yes. It made total sense to me. Janis Kembel invited me to a past life regression to confirm it. Instead of going back to Atlantean times, I found myself in a room with intense white light facing ascended master Jesus Christ. I thought my mind was playing tricks on me, but Janis told me to hang on. Then he started to work on my brow chakra, infusing it with the most amazing white light I had ever seen.

It took me a long time to understand he also reawakened the 12 chakras we had active in Atlantean and Lemurian times.

#### SERAPHIM

At the Angelic Reiki classes I got more attunements, learned about seraphim Metatron, whose name I thought was weird and had never heard about it. He happens to be my seraphim! Soon I realized Angelic Reiki was a very important foundation tool, my entrance door to many other possibilities on and above the fifth dimension. There was more to be learned.

Suddenly I started to realize there were more angelic beings assisting me. One by one, some until then unknown to me, they introduced themselves: Michael, Taniel, Jegudiel, Lucifer, Phanuel and Raphael. I call them my seven seraphim council. Also through the loving teachings of Janis Kembel, I was introduced to sacred geometry, something I had no idea existed, but resonated immediately with me. Once again I felt guided.

It was ascended master Pythagoras and fellow Atlantean introducing himself as my guide. Having that strong connection to Atlantis only brought more Atlantean ascended masters to guide me. Later, non-Atlantean ascended masters Sananda, El

Morya and Saint Germain also started to work with me. It made me wonder what I'd done in past lives to deserve such blessing.

#### THOTH

Finally one afternoon another presence made his presence felt: Thoth, who I already admired because he wrote the Emerald Tablets. Everything was becoming full circle! Needless to say, my healing techniques given by them were getting more and more complex and powerful, all incorporating old Atlantean knowledge and including crystals, colored light, sound and sacred geometry, besides a large collection of very effective crystal elixirs they taught me to make. Soon I realized it all also applies to animals and plants.

Crystal grids, crystal elixirs and sacred geometry are excellent in preventing or eradicating plant

soil imbalances. Currently, I have 40 acres of commercial fruit orchards in Northern California being nurtured that way.

For two years, Thoth had been telling me my healings would be taken to another level if I built a six-pointed star pyramid. Finally, I found the right machinist to build it and the eighth wonder of the world was created (see picture on previous page).

The chakras are the doorways through which the healing energies of crystals can enter the body and be released into our energy pathways (meridians and nadis). The pyramid enhances and deepens it.

Healings in the pyramid are highly effective in dislodging and dissolving fast all sorts of chakra traumas, blocks and emotional stresses. It balances and harmonizes all patterns of reactive energies in the body created by karmic experiences in this and other lifetimes.

Meridians and nadis are rebuilt and energized, residual effects of karmic actions and deep seated energy patterns will start to loosen and be brought to the surface. The pyramid associated with other healing tools is bringing remarkable relief to numerous diseases and illnesses caused by energy imbalances, including Lyme disease, autism, cancer, senile dementia and Alzheimer's in early stages. Most of them can be worked on remotely.

The successful removal, with the help of the seraphim, of discarnates, dark beings and entities messing up people's minds and energy has also brought the healings to another dimension. And more is being learned daily under their guidance when new challenges arise. Namaste!

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## Another Big revelation

### Book review by CHRISTINE CORE

I would like to draw your attention to the books and work of Caroline Myss. She has a number of books on Amazon and two free audios - Why People Don't Heal and The Anatomy of Your Health.

I first came across her work in about 1992 with I believe her first publication, The Anatomy of Spirit. Caroline Myss is a Medical Intuitive and has developed her skills and the science of this subject with Dr Norm Shealy, a renowned doctor, over many years. She believes that Medical Intuition will be a significant part of medical practice in the future and bringing what her and Dr Shealy have been doing for many years into the mainstream.

A few months ago I decided to study the principles and science of Medical Intuition through an online course presented by soundstrue.com and facilitated by Caroline Myss. I very soon realised that this was a skill in health care in Atlantis and it is part of the health care system of Angelic Reiki.

This is the meaning and science behind a section of the attunement to the crystals of Atlantis: We ask for a magnetic link of the highest Light Energy to now be forged to the Crystals of Atlantis and for a downpouring of Divine Light to be brought forth through the Gold & Yellow crystals. These were used to attune us to the presence of disease or bodily vibrational disorders providing understanding of the problem.

Now that we have a doorway into the knowledge behind this attunement there is a lot of study, skill development and development of clinical ethics to be done. It is a specialised area and for quite a few years only those with a past life memory or special still base will work in this way.

If this information triggers a knowing in anyone, then please get in touch with me.

I also love Caroline Myss's approach to professionalism in healing.

Angel Blessings, Christine

### Goodbye from Claire & Phil

*We've loved doing the newsletter for the past three years. We've interviewed some wonderful people from all over the world and have been really happy to be a part of it. It's time for us to step back now and we'll be handing over to Sara and Rui (email [sara.nsousa@reikiangelico.pt](mailto:sara.nsousa@reikiangelico.pt)), who will ensure the newsletter continues to be a great success. We wish them both well. Angel love to all, Claire and Phil xxx*