



# Abraxas

*The official newsletter of Angelic Reiki*

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## EDITORIAL

by Christine Core

**A**re you going slightly mad? If so, you are in very good company. Vincent Van Gogh, Lewis Carol, Freddy Mercury and many more great, creative, free-thinking people would understand.

In fact, it has been said that the greatest insanity is to not know that you are mad - so I for one confess madness.

Socially accepted norms of behaviour, cultural standards, religious dictates of good and bad, school rules of right and wrong, not to mention the powerful manipulation of the school playground, social media and TV all affect how we think we should behave and live.

Here I would like to pose what, to me, is a vitally important question: To what extent do you, as the receiver of a healing or as the giver, hope, anticipate or expect that the healing will result in being closer to the "NORM"?

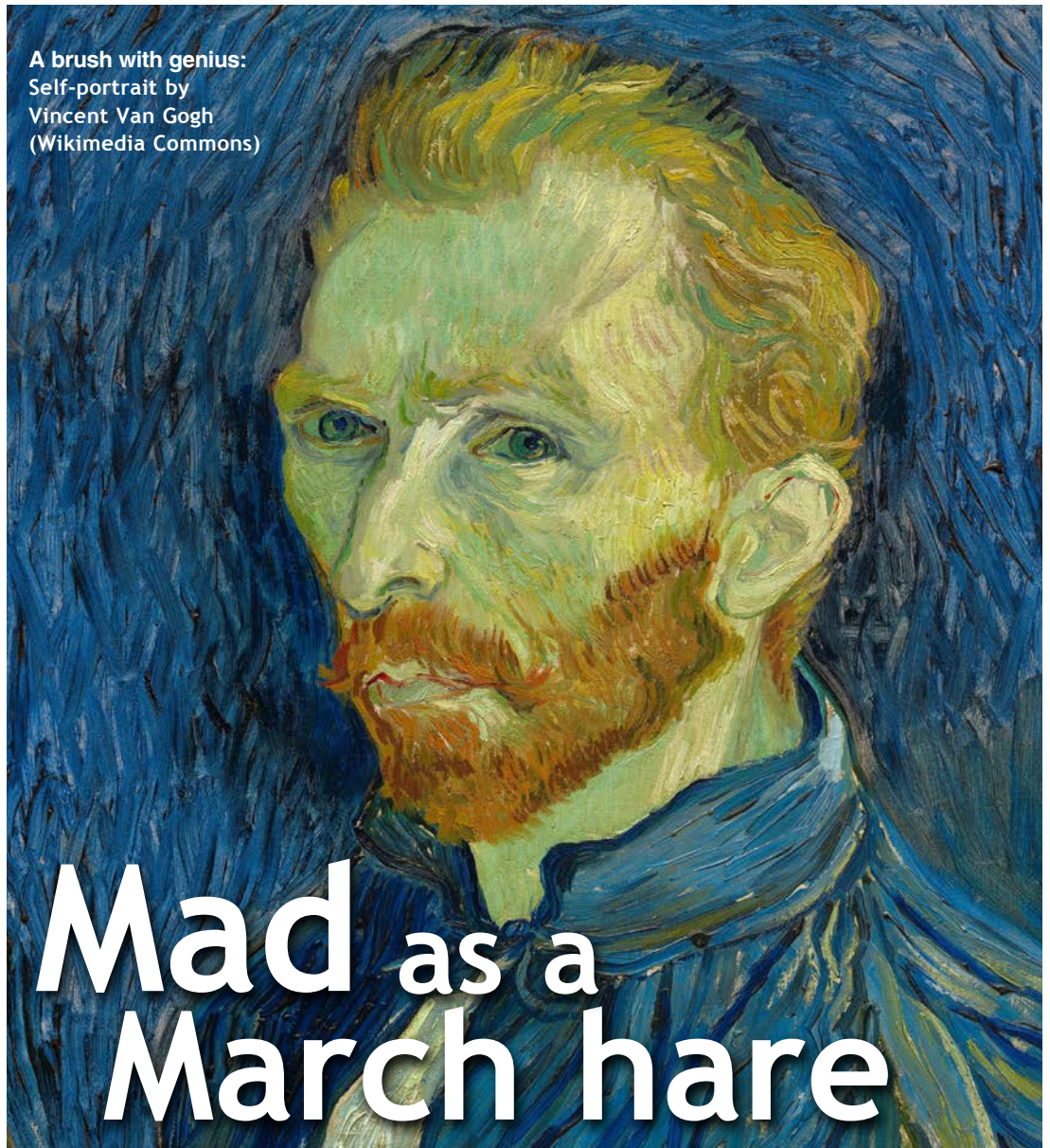
Are we not searching to be free, expressing our own individuality and unique creativity? History shows us that such people are seen as mad.

My constant mantra, especially in the New Shamballa workshop, is that we are not here to improve. The function of an Angelic Reiki and Shamballa healing is to break through the veil that limits our vision of our own divinity.

This must come with a big health and safety warning: you are going to become more mad, more free, more outside the norm, more separate - in fact, more of everything. It is as if a searchlight is shone on everything.

Well, it is not 'as if'; a bright light has been shone. The brighter the light the darker the shadow, the greater the contrasts and secret and hidden places are revealed. Life is experienced more dramatically and emotions

A brush with genius:  
Self-portrait by  
Vincent Van Gogh  
(Wikimedia Commons)



# Mad as a March hare

## For the thinker...

I went to an art class at Luxor Art College recently. Although I am surrounded by artists I have never done any training, so this was a first. The subject was shadows. Well, well! I learned that 3D cannot be perceived without a shadow. How true is that?!

more intensely. But perhaps the idea of a healing was to find balance, harmony and tranquillity? The truth of the real path of the seeker has been shrouded in

"love and light", diverting us from the true seeker experience of change and chaos.

So if you are finding life just as challenging, or even more so, than when you first started your spiritual work, please know that that is how the path is. As the false, imposed structures fall away, a kind of madness arises.

The knowledge of this and the wisdom of how to move through it is held by all traditional healers especially Shamans. To resist the chaos that comes with freedom and change can, and often does,

cause physical illness. This can be in the form of a potential pathology manifesting, ongoing low energy and fatigue, flu-like symptoms or something non-specific and undiagnosed.

Part of the purpose of AR is to be a bridge between New Age ideas and ancient, traditional healing wisdom. Please don't be love and light; be free in the totality of your own truth, lovingly embracing it all from the still centre of your own Divinity. You are not here to be good, you are here to be you, and that is good enough.



# A heady astrological mix

by Claire Dixon

I wanted to write an article for this edition to draw attention to the highly unusual and auspicious astrological configurations that have all occurred recently.

In just seven days we have experienced the culmination of the seven Uranus Pluto squares, the third of the Blood Moon tetrad (four consecutive lunar eclipses) eclipse, the solar eclipse and Spring Equinox - phew!

Firstly, I want to discuss the Uranus Pluto Squares. These have been highlighted by many astrologers as being highly significant indicators of global social unrest and change. The planet Uranus rules the sign of Aquarius, which is free-spirited, humanitarian and technologically minded.

Pluto rules deep and dark Scorpio, the destroyer, the planet of death and endings. So put them in a powerful configuration such as a square (this is when the planets form a 90-degree angle to each other) and you have got serious stress going on with some volatile and explosive planets.

To fully appreciate the meaning of this set of squares, we need to look back to the 1960s, when these planets were conjunct, or in the same place on a chart, at the same time. This conjunction set off a great outpouring of love, freedom and social change across the globe. To some, this was a glorious time - to others it was the beginning of the end.

Their relationship now shows the first signs of real stress in this relationship. It also shows how this cycle, this outpouring of freedom, has matured. Not everything that was celebrated back then has been judged a success. This is a healthy, natural state, so it makes no surprise that we see a feminist backlash, for example, and women's groups beginning to champion the cause of the stay at home mother - the freedom to do so would not have happened had it not been challenged first.

Personally, I think the most beautiful and strongest thing to come out of the 60s, that has grown and blossomed from a child of love to a wise elder woman, is the sustainability movement. I do not wish to get into the climate change debate but I will say there is no doubt that many of us in the West massively overconsume the precious resources of our beautiful planet without giving much to her in return. The sustainability movement has begun not only to highlight this but to demonstrate the inherent power that necessitates from being more self-sufficient, by learning how to fix and mend things, by choosing products with long-term value. If only our politicians could think the same way!

The current squares began in June 2012, just before the completion of the Mayan Calendar, and so are intimately tied up with this event. This series of squares has been linked to powerful events that

have occurred in the world. The first square was linked to the banking crisis, the second the Jimmy Savile scandal.

[For those of you are unfamiliar with this man, he was a TV presenter and DJ who was a household name in Britain and Ireland from the 70s onwards. He had powerful connections and did a tremendous amount of charity work. After his death in 2012 many allegations of sexual abuse of people, including many children, he had met through his presenting and charity work came out. It also emerged that such allegations had been covered up by various British police forces while he was alive.]

The Savile scandal shocked many and led them to wonder "What else is being covered up?" This is the classic purpose of the Uranus Pluto square.

With the final square being completed, it is as if the power and energy of the 2012 calendar completion can now be released. The seven square was a purging, a revelation of just how dark and rotten many aspects of our world have become.

In 2014 the energy and power of these squares was also amplified by a tetrad of what is called blood moons, that is four lunar eclipses in a row, which can make the moon appear red. At the time of writing, the last eclipse in this tetrad will occur in September 2015. The eclipse that occurred on 20th March was a solar eclipse. Although eclipses of both kinds (solar and

lunar) have traditionally been feared by many different cultures across the globe, they usually indicate change. Since making change is often difficult for us humans, they can be perceived as bringing challenges to the fore. The fact that we have four very powerful lunar eclipses consecutively suggests 'interesting' times ahead!

Add the wild and wonderful energies of the spring equinox into the mix, where the sap is rising and new creations are bubbling to the surface, and it makes a heady brew of astrological configurations. On a personal level, allowing yourself to explore new possibilities as much as you are able, in any area of life, is wise and prudent right now. This does not necessitate action.

In the wider world, I believe we will see these changes begin to occur on a more three-dimensional level after the last lunar eclipse has occurred in September. Now is the time to just allow those energies of change to be felt in your life and take notice of the direction they are nudging you in.

If you are in the southern hemisphere and it is autumn equinox, then this is a time to consider what has been achieved since last June, what has been completed and to begin the process of letting go of many things that no longer fit as, astrologically, we are beginning a new time. Many significant changes will be coming and it is time to wrap up, as best as possible, all the loose ends in your life.

20th January 2008

Student: "How can I find my Buddha-nature?"

Master: "You have no Buddha-nature."

Student: "What about animals?"

Master: "They do have Buddha-nature."

Student: "Then why do I not have Buddha-nature?"

Master: "Because you have to ask."

The Master correctly points out to the student that animals are always in Buddha nature.

## Some Zen wisdom...

Abraxas continues its exploration of posts from Kevin Core's blog, which he started in January 2008 and focuses on a book by Tim Kreke called Zen Wisdom.

The first part of each entry is a quote from Tim's book and then Kevin's explanation.

You can access Kevin's blog [here](#).

This is why Jesus said that the birds and animals never think of where the next meal is coming from.

They know that when they get hungry food will appear. They are in tune with the flow of the universe, of creation.

Humans have opinions and judgements and fear, which blocks the natural flow.

The student felt that he was lacking Buddha nature, he did not have it, whereas the opposite is true. His doubt is the separation.

## The next edition...

Abraxas is back at the summer solstice so please send in your contributions.

If possible, submit photos along with articles to help us put a face on the community. Resolution needs ideally to be 300dpi (or a file of at least 1MB). Send your submissions and any feedback to us at [angelicreikinewsletter@gmail.com](mailto:angelicreikinewsletter@gmail.com)