



“Love Rescue Me”

**Editorial by
CHRISTINE CORE**

My present #1 song/prayer at the moment! Band U2

I trust you have been able to negotiate the catalytic and searching energies of the summer (winter), brought by the eclipses in August. They really were an invitation to leave no stone unturned and to shine the light on anything we might have lurking in the shadows. I know that as soon as I think I understand something, whatever it may be, something comes along to pull the rug from under my feet and I get access to that space that was “I don’t know, what I don’t know”. Those blind-spots that often run our lives, that are so integrated that it takes something special to bump us out-of-the-box; once outed, the scene becomes known and ceases to rule us anymore. The astrological energies of August had the potential to do this. The trick is to surrender to these transformations with tons of self-love, grace, and gratitude for the unveiling.

The spiritual world can be a very tight box and there can be a tendency to always look within it for help and solutions to our challenges. For example, if we feel that Reiki is not dealing with a particular issue then we might try Quantum Healing, past-life regression, or a Tarot reading. We can miss some amazing opportunities if we do not spread our openness to receive help and transformation with a wider net. We certainly do not have all the answers or hold all the opportunities.

I would like to invite you to take a look at the seminars run by the Landmark Forum. It is different, dynamic, and uncompromising in its message and process. It is also absolutely in-line with any purpose that we might attribute to any of the three modalities (Angelic Reiki, Golden Heart Merkabah of

Creation, New Shamballa) that are included in our organisation. Eckhart Tolle’s book ‘The Power of Now’ brings a fundamental message, and it is possible to read the whole book and never be in the ‘NOW!’ In my experience of The Landmark Forum, (a three-day plus an evening seminar), it is not possible to avoid it, that ‘NOW’. I did this seminar in London the weekend after the solar eclipse; what timing! It is impossible to put into words the experiences of this transformative three days but luckily I was spared the necessity to try and do this because Ruby, who came as my guest on the final evening, said simply that she could ‘see’ the difference in me.

Although there are no major eclipses in the coming months there are still many catalysts for change, which may not be easy. I cannot quite remember how much I have batted on in past editorials about the importance and gifts of a daily personal practice, but I’m going to beat that drum again. Anyone who has taken part in an Angelic Reiki workshop will have as part of their soul essence the ability and desire to support and help others. This is not a part-time job which we do when someone asks for a healing, it is a full-time responsibility. The responsibility to be that still, balanced and compassionate place in the centre



of any storm. This is not a place that we can adopt occasionally when needed, it is a place that comes naturally from knowing ourselves and finding real love and compassion. The place when we sit in the still centre of our own storm.

The solid ground for this starts from the love and compassion that we show to ourselves, this comes from knowing ourselves, this comes from being with ourselves in silence and stillness; this comes from our daily personal practice.

U2 - Love Rescue Me Lyrics

Love rescue me
Come forth and speak to me
Raise me up and don’t let me fall
No man is my enemy
My own hands imprison me
Love rescue me



Christine

Silence!



By Sara Neves de Sousa*

In the last months I found myself thinking more and more about silence. Not the absolute silence, because we always have noises around us, but being in silence. Not listening to music, not watching anything, not reading, etc...depriving our physical senses as much as possible. And in that silence much can and will happen. All the profound insights in your life will come to the surface.

I found myself in the middle of nowhere, in the Bukk Mountains in Hungary and I could not have felt more blessed, the silence there has a profundity that can be felt with all of our being. There, you can only Be, you don't need to have several personas to live the daily life, because nature doesn't care who or what you are. The trees, the flowers, the lakes, they are just there and they let you be who you really are, you don't have to pretend, you don't have to be a mother, a daughter/son, a sister/brother, you can just be. And, in that silence, you feel the magnificence of who you are, who you really are. There is nothing more powerful than that. You feel no judgment, no need to pretend, to be nice or to think if you are doing anything wrong, hurting someone's feelings, because there, you feel absolutely no need to think about anything.

This wonderful experience gave me a freedom that I didn't know was possible. the way that I look at situations and people has completely changed. I am much more in contact with myself than ever before. I still have some doubts now and again, but the synchronicities that began to happen is something that you can't ignore and I am positive that it has to do you this time spent in the middle of the mountains.

I had to leave this wonderful place very abruptly, almost the same way I ended up there, in a hurry, I wanted to stay there until the end of July, but couldn't! And I find myself, almost every day, connecting with it and bringing that peaceful silence into my life.

This is something that you can find in your life, in your relationships. Usually people don't deal well with silence, that uncomfortable silence. And then the small talk comes along, talking about anything and everything, just to avoid that silence. People are not used to not talk.

But my experience shows that you will find how profound a relationship is, when you are able to be with someone and not having the need to talk, just be in silence.

When you are able to just Be with someone and not feeling the need to fill the void

of silence, that's when you realize that you have found something very special, someone very special, that person that just lets you be, without asking "Is everything ok?", just because you are not saying anything. Someone that just is there, the same way that you are. Fully present!

Trust me when I say that it's one of the most wonderful gifts you can give someone, just letting them be in silence next to you.

When you have someone in your life that just let's you be there completely without any uncomfortable silence, cherish him or her! Because that is a sign that you don't need anything else, other than yourselves!

(*) Angelic Reiki Master Teacher.

BOOK REVIEW - OSHO

By Patti Silver*

I have just discovered Osho! I knew of him, I had read snippets here and there of his profound 'sayings' and 'insights'. But it wasn't until I came across one of his books that I knew I had found something quite unique. Straight-talking, no-nonsense, speaking his truth, regardless of whose feathers he may ruffle. And a wonderful, mischievous sense of humour! He tells us to celebrate, to rejoice, to laugh, and to love.

Osho's books are transcribed from audio recordings and videos taken from the many talks that he gave. He wished to help mankind to realise the perfect balance between enjoying all earthly pleasures available to us, whilst also maintaining a spiritual serenity. He was greatly influential in India, and he wanted to help breathe life into those who are living as though they are dead.

In the book '**Living Dangerously**', Osho talks about becoming the watcher; that we should never forget that we are the watcher, to endeavour to become the watcher from within ourselves, so that gradually our thoughts and emotions will quieten and a silence will descend. As our watchfulness expands, eventually we realise that we are touching the whole universe.

Our conditioning and programming from birth makes us forget who we really are. We have to find a way to reach our deepest core, to recognise our silent pure innocence; we may know that we are a Hindu, a Christian, Chinese or Indian, but we may never realise who we really are beyond all that. Meditation can help us to reach that inner core.

Awareness is complete consciousness in the moment; to be there is the only requirement. We may endeavour to 'change' or improve ourselves in some way, but whatever we think we are searching for is already here. We cannot be more divine than we are now.

Osho talks about the mind, and how cunning it is, and how we should indeed doubt our own mind! He reminds us that just as we are not really our body, we are also not really our mind. Our mind is moulded by our conditioning, our programming, and it will always take us either back to the past or into the future. When we are totally in the present moment, the mind cannot function. In such a moment, without the hindrance of the mind, we can realise our authentic self, and in such a moment enlightenment can occur.



Included with '**The Book of Secrets 112 Meditations to Discover the Mystery Within**' there is a DVD entitled 'What is Meditation?' Osho uses the word 'dhyana' for which, he says, there is no accurate interpretation in English. The word meditation is our substitute. He states that dhyana is not achieved through concentration; nor is it achieved through contemplation. You cannot concentrate or contemplate it because you are it; you are pure awareness, pure beingness. That is what dhyana (or meditation) is. Your awareness should be unclouded, undisturbed, as you are silently centered within yourself.

Osho reminds us that we mistake our story, our personal drama, for life. We believe we are living life, but that is not 'life', it is simply the role we have adopted or have been given by our parents, our society, or our culture. 'Life' is pure beingness. It is that evasive bit in between the past and the future. We could replace the words 'the present moment' with the word 'eternity' - eternity is always here, it goes on, and on, and on.....

Spiritually we may know that we are not really our 'story', but it is so easy to forget and to fall back into being absorbed by the role we are playing. I came across a greeting card recently which made me laugh; it illustrates this perfectly:

There is a picture on the card of a young man at a job interview. He is wearing a Batman costume. He is asked what he considers his weakest point to be, and he replies that he has difficulty in separating fantasy from reality. He is then asked what he considers to be his strongest point. "I am Batman", he confides.

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Some Zen wisdom

Abraxas continues its exploration of posts from Kevin Core's blog, which he started in January 2008 and focuses on a book by Tim Kreke called Zen Wisdom.

A quote from Tim's book is followed by Kevin's explanation. Visit Kevin's blog at shamballazen.blogspot.co.uk

6th June

In spring the daffodils bloom
- but not the same daffodils.

And lovers walk in the park
- but not the same lovers.

Peter Gandy.

Zen is the unfolding of Life in all its simplicity and diversity.

Taming the Bull

The seeker must train his mind to prevent it from forever wandering off into delusion. At this stage the student

begins Zen practice in earnest. Such disciplines are not an end in themselves, but a means to harmonise the mind so that it effortlessly expresses the seeker's deeper nature. The bull, once tamed, naturally obeys without struggle or imposed discipline. Kuo-an Shih-yaun writes

With weight and tether
to prevent it wandering off into the wilderness,
the bull will become well-trained
and naturally meek -
obeying without need of restraint.

One thought follows another. When thought emerges from enlightenment, all thoughts are true - but one deluded thought makes everything false. It is not the objective world that oppresses us, but our own deceiving minds. To master the bull, hold the nose ring tight and do not let your intention vacillate.

9th June

Zen is not a pastime,
but the most serious task in life.
D. T. Suzuki.
Zen is life.

The Magic of Crystals

By Cristalina Guimarães*

The whole universe is in a state of vibration, and each thing generates its own frequency, which is unique.

Masaru Emoto



Crystals are the purest manifestation of energy and light on the physical plane. Scientifically, through modern physics, it has already been proven that crystals are the best known conductors and power amplifiers, being used in the composition of fiber optic wires, computer chips, quartz clocks, etc. They can be used to amplify the effects of energy, promoting better and faster results. The crystal accelerates the process of cleaning negative bioplasmic energies and protects us from the absorption or contamination of stagnant and harmful energy.

The crystals have very special vibrations and our bodies are strongly influenced by them. In recent times, more and more people have been awakening and attuned to the magic of crystals. Initially its beauty enchants but, as the relation evolves, an increasingly strong spiritual connection starts to happen. All that is needed is sincerity and willingness to begin this relationship. Crystals represent light and, once properly tuned, they can teach us to have access to our own essence.

There are many ways to use crystals and stones for healing and awakening of consciousness. They will act, regardless of whether you think or believe in it. Just having them in your presence brings more beauty and light to the environment. A crystal placed in a room or living room will automatically charge the area with harmonious energy. Even if one has not yet reached the stage of development necessary to feel the energies of the crystals, the effect will be produced, and the mind will subconsciously react.

The energy that radiates from the crystals is a composition of the elements of nature and the vibrational rays that are absorbed by our energy field. The art of attuning to a crystal consists of the ability to neutralize the mind and become so calm that the Higher Self becomes receptive to the energy of the crystal that will send back inner light, direct to its consciousness and that will influence the functioning of the chakras, meridians, organs, aura, ...

When you do your meditation, why not try putting a crystal in your hand? Let its energy merge with yours. You will see that it will be a wonderful experience. Try it!

*Cristalina Guimarães:
<http://cristalina.eu>



Share Your Story

Every story matters, every experience is important. So this Newsletter brings us an amazing story. It's not important how the message comes, but the message itself, because you are important, the message is important. It's important to share our experiences with the world, you never know who maybe in need to read what you have to say! Let's keep up the sharing!

14th September

By Devra R*

I am a customer of yours and I live in Florida, on the Sarasota Bay. A couple of years ago I did a pretty major orgonite gifting expedition in and around my home...cell towers up and down the Tamiami Trail, several places around the various inland bays, and a few other choice spots in Bradenton, St. Petes, Tampa and Sarasota. I also have about fifty pieces in and around my own property. Well, as you know we were just visited by a big bully... Hurricane Irma. There isn't enough space here to give you all the details, but I will just say that magic happened, and I am convinced it is due to the orgonite and good vibes....Irma was heading straight for us in a bulls-eye, and then she veered off; she was downgraded at just a most crucial time and our area fared so much better than most; many many trees went down, but few hit structures; there was no storm surge, even though it was predicted and even though the waters in the bays receded dramatically we had absolutely no flooding; our power went on the very next day although millions are still without three days later; and so on and so on.....I also have been playing 528 music to the bay with underwater speakers, so on the whole I hope we have created some good karma. My family and friends are all very relieved and grateful. I love the work you do and I just wanted to chime in. Oh, I nearly forgot, the night before Irma hit I was out on my dock completely freaked out by the several days of horrible news and packing, the sky was absolutely clear and there was no wind...suddenly three clouds appeared out of nowhere above my head and then moved over us going quite fast. My daughter said they looked like angels. I would not even have believed my eyes had she not been there to witness it. Then the clouds just disappeared like magic. Sylphs? Thank you Orgonise for spearheading this incredibly important movement, rock-on DR.

(*) Devra R, costumer of Orgonise Africa

Is this Really Orgonite?

By Organise Africa



I have deliberately not influenced this selection.

When you check the internet for the search term “Orgonite” and click on “images” you may get a random selection like the one above.

70% of what you see there is not really orgonite, even if it looks very pretty. Orgonite is not “crystals and coils decoratively suspended in clear or colored resin”.

The basis of all orgonite is the matrix of aluminum shavings (or other metals, but aluminum works best) in resin.

Even without the tiniest bit of quartz crystal this is a powerful energy converter and the basis of everything else. The acceleration and revitalization of stagnant ether (DOR) happens in the border zone between the aluminum shavings and the resin. The more such layers can be had in a given space, the stronger will be the revitalizing energy effect. That’s why aluminum works so well: Because it comes in thin “tinsel-like” shavings, forming a multilayered matrix with many border zones.

BTW: A lot of people are out there spreading negative rumors about the use of aluminum. But what are their credentials?

I have not seen any of these people do any major gifting efforts. What we are doing is massively field tested by thousands of people with an overwhelming body of evidence speaking in its favor.

Let us go into the history of this movement a bit:

Orgonite was invented by Karl Welz who originally never used any gemstones or crystals.

He built (and still builds) powerful radionics machines with his original orgonite. My first contact with orgonite was through him, perhaps in 2001. On his website he was suggesting an experiment. One had to print out a symbol that he was remotely energizing in one of his orgonite driven radionics generators. Then he suggested to hold one’s hand over that symbol. And yes, I could feel a characteristic warmth and tingling, a feeling that I was going to get to know quite well when working with orgonite. (Hold the hollow palm of your hand over any cloud buster and you will feel it).

Don Croft was the next person to make a very significant contribution, perhaps the most significant one ever.

Don was the one who took Karl Welz’s invention and combined it with Dr. Wilhelm Reich’s Cloudbuster idea. That led to the first orgonite cloud buster.



One of Don Croft’s first CBs: You notice, it was never meant to be pretty!

Don selflessly promoted his discovery as he realized how powerful this was in disabling all the nasty mind control technologies. Don wisely never attempted to commercialize any of his inventions apart from the orgonite zapper. That way he could never be accused of being commercially motivated in promoting this. He has done an enormous service to humankind.

Soon other field applications were developed, aided by Don’s clairvoyant wife Carol.

The first 2 additions were the orgonite cone dubbed by Don the “Holy Hand Grenade” after a Monty Python movie and later The Tower Buster. The latter was found sufficient to convert a cellphone tower from death ray transmitter to a positive energy generator. The earth pipe was the last addition to the basic arsenal of environmental gifting.

These 4 simple tools, if used in vast numbers on all cellphone towers and secret military installations could end all wars, all droughts and turn this planet into the paradise it always wanted to be.



The Holy Hand Grenade

That’s how simple it is!

(continued from previous page)



Orgonite Earth Pipes in the Making

In the meantime a movement - or as Don would prefer to call it - a network of dedicated gifters - had adopted this simple but effective technology. This was centered around certain forums and now around ethericwarriors.com.

All this environmental gifting work was achieved with simple, if not crude, basic aluminum orgonite with some quartz crystals as per Don's basic recipes.



Crude but effective: That's why we call them "Dirty Harry".

In parallel, orgonite experimenters started to add other ingredients to orgonite. The first ones to do so were the Hootens and that's why orgonite spiked with gemstones was originally called "Hootenized" orgonite.

It became obvious that the addition of semi-precious stones could add another healing dimension to the basic energy conversion orgonite brought about.

However, the debate since then has never stopped how far this should go.



Typical Orgonite TB's

The way we see it is that personal healing orgonite can greatly benefit from "vibrational additives" such as gemstones, precious and herbal medicines. However, we must not forget to first produce a strong underlying carrier wave that will amplify the much more subtle vibrations of those additions.

Many present day orgonite artists, while well intentioned, get carried away by their beautiful creations of crystals artfully coiled and suspended in clear resin, with not a flake of aluminum or any other metal in sight. Some of these creations look stunning and I do not doubt that their creators are energetically sensitive human beings and that these crystals - when brought into harmonic relations to each other - have healing effects.

But it is not orgonite!

For example, in a classical HHG the crystals are fully embedded in the orgonite matrix and not exposed for showy effects.

While everybody is of course free to experiment with whatever they like, I needed to clarify this because I see that the massive proliferation of new-agey gemstone displays, often adorned with occult symbols reflecting the various spiritual persuasions of the creators or their intended audiences are shifting the perception of how orgonite should look like.

Suddenly "normal" orgonite looks somewhat drab and less attractive to the interested newcomer and people think of it as less powerful or missing something.

This is a dangerous trend as it shifts people away from the main purpose of the whole orgonite movement, namely to mass enable humans to produce a simple and effective remedy to the mind control, weather manipulation and chemical geoengineering warfare perpetrated against us by an increasingly desperate-to-cling-to-power-and-control "elite".

The personal healing effects are only the second thought, although for many newcomers to this orgone world they are the window of entry.

Heal the world to heal yourself!

We are building our orgonite always with a solid core of real orgonite. This does not prevent us from making it look nice and adding all the ingredients we have found over time to be effective.

Based on our 15 years of global gifting experience, we know that it works that way and we can prove it.

[Georg and the Orgonise Africa Team](http://GeorgandtheOrgoniseAfricaTeam)

Is Orgone Always Good?

The way Reich observed it, orgone is omnipresent and the basis of all life processes. He observed the same principle in the forming of galaxies etc. as on a cellular or macro-biological level.

His earlier research into psychological disorders had shown him, that when this energy is blocked by traumatic memories, manifesting in constant muscular tension (he called that armouring) this energy becomes Deadly Orgone or DOR. (the resulting character of an extremely armoured person he befittingly called "pestilential")

As the environmentally threatened world we have created over the last few hundred years is only a mirror of our upset and unbalanced collective psyche, the same principle applies environmentally.

One could say the growing deserts on this planet are an expression of the "deserts in our heart".

Wilhelm Reich, who also deserves credit for inventing the first cloud-buster, did demonstrate the working of DOR in the forming of deserts and developed a method to disperse DOR concentrations by grounding them into sufficiently large water bodies.

Whenever the atmosphere feels stale, oppressive or dead and when you observe a particular blackness in cloud formation you are in fact experiencing a high and unhealthy DOR concentration.

Reich successfully experimented with orgone accumulators to cure cancer patients, as he observed cancer to be a biopathy resulting from the blocked life energy in a highly DOR infested body.

He observed that the accumulation of orgone was stimulated by a layered combination of organic and metallic material.

Reich used some kind of then common chipboard and sheet metal to build man-sized boxes into which the patient would go.

While the results were quite staggering, Reich's devices had one decisive shortfall:

They accumulated whatever energy type (DOR or OR) was present in the environment. This was all fine in the remote part of the US where Reich had his Orgone Institute in the 40's and 50s, but in an even more DOR polluted environment like today this may be outright dangerous and all Reich's contraptions had to always be handled with care.

We hope you've enjoyed the newsletter and we'll be back for the winter equinox edition. In the meantime, to get in touch about any of the articles or share any AR experiences, email sara.nsousa@reikiangelico.pt