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A NEW DAWN BIRTHING NATURAL LAW



Editorial by CHRISTINE CORE

TWe are going through the death of the old in order to birth into something totally new. Endings can be messy, painful and ugly. They can be exciting, dynamic and freeing. I really invite you to simply embrace how the ending is for you. Allow it to be as it is and not how someone has told you it should be. You are not getting it wrong, the only thing to do is to have LOVE and COMPASSION for yourself. The future is unknown. Astrological and clairvoyant viewing can give us information, but nothing can prepare us for how the lived experience will feel for each of us individually.

A fundamental change in our world, but not often explored, is the transformation of Governance. We live now, for the most part, subject to an external authority. This authority communicates to us rules that are implemented through the institutions of media, education, governments and statutes. It may be hard to believe but ALL

of these institutions are actually acting illegally. Through manipulation and abuse they are wheeling power that they do not actually rightly have. Big statement, yes! It is our compliance that has given them their power and authority, we have though, been tricked into doing this!

A question - Who or what actually has the right to rule over us and what is the definition of a 'Law'?

Sorry: I may be about to shock you if you have not come across 'Maritime Law' before.

No man or woman can create a 'LAW', rules yes and rules can be broken, but not a law. Written In the Angelic Reiki 1&2 manual are the "Law and Rules" of healing given by Master Djwhal Khul. The Laws are statements of fact, of just how it is. Nothing is made up and nothing is according to some one's opinion. Is it my or your opinion that apples fall down from trees or that it gets colder when climbing up a mountain or that rain is wet? These Natural Laws are a description of how things are naturally. Rules

are made by 'Man' and as such can be discussed and interpreted by each person. Natural Laws are born out of natural order, they are Universal and Divine in nature. Living according to Natural Law comes naturally to good people. Natural or Common Law simply require us to live with kindness and care for other, a natural human trait and everything else needed for a good life naturally follows. Sadly, it has come to a point where our lack of trust in the integrity of our fellow humans leads us to doubt the possibility of adopting Natural Law.

I hope the following example of everyday life demonstrates how Natural Law is actually reasonable and just, where as contrived and enforced rules in fact create conflict. Let's take a suburban road as the example. Imagine that there are mostly houses along this road with a few local small shops and a small junior school. Mostly along this road people know one-another and there is a sense of community. What-ever the time of day or night or weather conditions, there are the same sign and lines on the road that tell a car driver what they are permitted to do. There is a penalty for disobeying these

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rules administered by someone outside that community. Considering the wide range of possible conditions on this road, the laws are rarely, if ever, exactly right. For example, the 'law' says I must drive at 30 mph at 3 a.m. when there is no one around and at 3 p.m. when there are lots of shopper and the children are leaving school. Is this good 'law'? The fundamental principle of Natural Law is "Do no harm to another being". I invite you to feel the difference between obeying the signs and lines on the road, in contrast to always driving with care and consideration for others. Which do you think would be safer and engender care in the community? I feel it is a natural human impulse to stretch or break an inappropriate external dictate. I also believe that it is a natural human impulse to care. Could it really be true that roads with NO rules would be safer? I think they would be and happier too.

Perhaps we cannot get ride of highway rules at the moment because there are too many bodies (people) walking and driving around that do not possessed a loving human soul!

Now the scary bit; did you know that we have become so disempowered that we do not even own our own body right now. I own mine because I have claimed it and registered my ownership, but do you? All around the world the act of registering the birth of a baby with a government is a trick. It converts the baby from a sovereign being into a tradable commodity. Yes, your read it correctly, a tradable item like a bag of coffee or tea. We are bought and sold for profit

just like a prize animal. The government owns your body and, although not easy one can ask for the original birth certificate and see written on the back your trading value. This world operates under maritime law. A quick search on Google tells us that Maritime law was first introduced to govern trade as early as 900BC but the introduction of birth certificates, so humans can be traded, was in 1900, not very long ago.

It is deep and complex but there are some simple ways in which we can claim back our authority and sovereignty. It is important to do this in a way that is OK for you. It may be instigating big law suits challenging governments and international pharmaceutical companies as Michael Bernician, Reiner Fuellmich or Patrick King have done recently or simply never writing your name with Mr. or Mrs. etc and never in UPPER CASE CAPITAL. MRS CHRISTINE CORE is the name on a credit card which refers to a bonded, saleable commodity. Christine Core is the name of a free, sovereign human.



Possibly contrary to everything you have been told, you never need to do as you are told by anything or anyone. There are just

two provisos; you need to take full responsibility for the consequence of your actions and you do not cause anyone else harm, loss or injury. This is Natural Law.

An important fact to note is that under Common Law, Natural Law, Cosmic Law, also known as Karmic Law, we have every right to do what-ever is necessary to protect ourselves and our children. It may surprise you to know that this is the aspect of Natural Law that the USA gun laws uphold.

Everyone who is submitting to the bullying dictates of our current governments deserves our compassion not criticism and name calling e.g. 'sheep!'. In the past, and still in our DNA are the records of devastating trauma. Most humans have some level of PTSD. We also have been mind-controlled and bullied. Everyone who stands as their Sovereign self is maintaining the lineage and birth right of Humanity.

Much Love an Angel Blessings to you all. Wishing you a love filled Yuletide, Christmas, 2022 and year of the Tiger.

Christine

Valuable links:

<https://www.commonlawcourt.com>
<https://www.youtube.com/watch?v=bP5sk5xp9WM>
<https://www.youtube.com/watch?v=MLjsTBQAE1c>

NATURAL ROUTES TO HEALTH

Orthomolecular Medicine

Good health and diet cannot be discussed without the controversial subject of supplements cropping up, the population is divided.... those who do and those who don't.

In an ideal world we would acquire all the nutrients our body needs from our food, but unfortunately numerous studies have shown that modern food is far from abundant in essential vitamins & minerals. Many people take supplements to make up for what is lacking, some take them for a health boost, to ward off illness or alleviate a certain condition. Others are convinced all supplements are expensive, a waste of money, are excreted in the urine or can be toxic. Whatever your beliefs, many brands are low quality and 'contaminated' and in some the amount of actual vitamin in the bottle does not match the ingredient list.

However, over the last few years I have been advocating Andrew W. Saul's philosophy on megadosing with vitamins for illness, or orthomolecular medicine (using a therapeutic substance that is natural to the body, such as a vitamin or mineral). His lifetimes work has been based around the decades of research and studies carried out by orthomolecular medical doctors such as Abram Hoffer and Linus Pauling. Saul states that 'most illness is due to malnutrition' so in order to regain good health it must be done with nutrients not pharmaceutical poisons. He points out that if a person is deficient in just one nutrient, it can cause many conditions so by megadosing on that one substance, the body can return to health.

As an example, one of the main vitamins involved in these studies was Vitamin C, which has antibiotic, antihistamine and antitoxin properties at high levels. It was

found that this inexpensive, effective and safe vitamin can aid recovery from numerous conditions and diseases from a headache to cancer (special protocol). He advises a loading dose, then frequent maybe hourly (or more often) doses to bowel tolerance levels or until you feel better, then as a maintenance, 'enough C to be symptom free'.

These days if I have a headache, I skip the paracetamol and go straight for the Vitamin C! Like most natural medicines and therapies, orthomolecular medicine is definitely worth a try, and as Saul points out....'nobody ever died from vitamins!'

Saul Andrew W. Doctor Yourself. (2012) Basic Health Publications, Inc.

www.doctoryourself.com

Estelle Bates

Best practice for sacred sexuality

By Kacper Oleksiak*

If I asked you, what is the best practice to make one's experience of sexuality better, what would you say? Chances are, many of you would point me to the practices of Tantra or Taoism, others would say something like Hieros Gamos, etc. And no doubt about it, it's all valid and all those practices really do turn sexuality from an animalistic act into a tool for experiencing the Divine.

But how about... Zen Buddhism? Or Vipassana? Or basically anything that is boring, simple and gets you to be fully present in the here and now? Probably not what you expected, but let me explain my choice. Let's look at what Tantra and other paths have to offer to us with regards to sexuality.

First of all, if we take Tantra as an example, then Tantra has never been about sensuality, it has never been about pleasure. In fact, most genuine Tantric practices require enormous discipline, lots of preparations, cleansings, etc. It can for sure get ascetic, but definitely not pleasant and sensual. Why is that? In Tantra, especially in the sexual Tantric practices you work with the most powerful energy in the Universe - the Kundalini Shakti. If you're not disciplined, if you're not well prepared, then a lot of things can go wrong when Kundalini gets out of your control.

If someone says that Tantra can open you up to new levels and dimensions of sensuality and sexuality... Well, it's a typical westerner.

Even with regards to strictly sexual practices of Tantra (or other traditions, for that matter), then they were never meant to make anything more pleasant, more sensual, etc. They are nothing more than a tool - esoteric practices, which are supposed to make you enlightened (or anchor certain high-vibrational energies on the material plane). To put things very bluntly, some people simply understood the potential of the sexual act in reaching higher states of consciousness and they basically said: "Hey let's use this, instead of sitting in a dark cave without food and anything".

So is Tantra really that great when it comes to sacred sexuality? No doubt about that. It's one of the fastest and most effective ways to awaken Kundalini and get you "there". But what if... there is no "there" to go? What if you actually are already there and you just want to experience more joy and pleasure from what this earthly dimension has to offer? Well in this case, any practice for the so-called sacred sexuality

will be just taking you out of the experience, out of the moment. Please understand, Tantric sex is not about experiencing each other in ways never before imagined. In fact it's a pretty boring esoteric process, where you need to be fully focused on how the energies are flowing through your body and the body of your partner. Do you need to be in the moment? Hell yeah! But the focus is put on something totally different than a simple experiencing of each other. This process is actually goal-oriented, not path-oriented. You do your thing with your partner, but honestly in your mind you have the goal of attaining samadhi.

The second thing I'd like to point is that most, if not all, sacred sexuality practices fail to go beyond the duality. Both conceptually and practically.

As far as practical side is concerned... You do your thing, you attain samadhi and... Exactly, and what now? I know it's a state beyond description, but come on... Dzogchen and Advaita masters wrote tons of pages about what this state is like. The approach that many sacred sexuality practices offer is similar to winning a billion dollars in a lottery and having totally no clue what to do with it.

But I am not here for practical applications, am I? Let's dive into some nice philosophical stuff.

As I said before, most sacred sexuality practices fail to go beyond duality. You read it and hear it all the time... Masculine & feminine polarities... Mystical union of Shiva & Shakti... It all boils down to a man embodying the masculine principle/Shiva/God and a woman embodying the feminine principle/Shakti/Goddess. And from there on, the sexual act is not just people making love to each other. It becomes the Divine archetypal play of two polarities meeting together, etc. As if Shiva & Shakti were the be-all and end-all, holiest of the holy, absolute sacredness.

And I totally agree that the polarity of the masculine and feminine energies is the dualistic experience which we can perceive everywhere. I'll say even more... This dualistic experience is very crucial for our growth and if we put drama aside, it can bring a lot of joy.

BUT... If you just dare to make that one more "step" and go beyond duality, you'll notice something. Something very funny. You'll notice that there is no Shiva and there is no Shakti. They are as empty and illusory as any form. Next you'll notice that all there's ever been is this Presence, Consciousness.

And then you'll see that in the sexual act there is no you and your partner. Neither there's Shiva and Shakti. There is only this Presence, which is actually experiencing itself through you and your partner. And it's doing it, because it wants to show love to itself on this physical plane. No need to work with energies, no need to anchor anything, no need to go through any process. All you need is total surrender to that Presence. Just let go, be present and enjoy the miracles. And THAT, to me at least, is the genuine sacred sexuality.

Kacper Oleksiak
Angelic Reiki Master Teacher

New Website Important Links

In the new Angelic Reiki website you can be up to date to everything important that Christine's doing, click on the link below and you have access to a lot of precious information!

<https://angelicreikiinternational.com/articles/>

International Facebook Group

For those interested this is the link to the closed Facebook group, but please answer the questions asked when joining, because without them we can not let you join, if you have any problems please send Sara or Hannah a message.

<https://www.facebook.com/groups/angelicreikiworldwidefamily>

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The Eternal battle between good and evil!

By Sara Neves de Sousa*

I thought a lot about what I would write about for this edition of the Newsletter, and this is what came up.

I will share something that I came across a long time ago and that beautifully shows what I'm about to share with all of you and it's this Cherokee teaching:

"The Two Wolves"

An old Cherokee was teaching his grandchildren about life. He said, "A battle is raging inside me...it is a terrible fight between two wolves. One wolf represents fear, anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority and ego. The other stands for joy, peace, love, hope, sharing, serenity, humility, kindness, benevolence, friendship, empathy, generosity, truth, compassion and faith."

The old man looked at the children with a firm stare. "This same fight is going on inside you, and inside every other person, too."

They thought about it for a minute, and then one child asked his grandfather, "Which wolf will win?"

The old Cherokee replied: "The one you feed."

So, what I want to bring to light is this, if we all have the two wolves inside of us it means that the battle between good and evil is also happening inside of us. It's not something from the outside world, even though it can have some interference, but it's up to each of us to choose what to do (which wolf to feed).

What we see in the outside world is a mirror of the inner self! Big statement, I know!

But in the last two years I have been observing without any judgement, just seeing everything unfold without any emotions or ego influence and that's why I'm writing this as we are coming to the end of another year, after so much that all humanity has been through.

This worldwide experience is one of the biggest ones in our time here and most people are not learning anything. The egos just got bigger, and the victims are so many more than before.



But the funny thing is that if we take this statement *"What we see in the outside world is a mirror of the inner self!"*, and actually go deep within ourselves, we can see that the battle is within, not outside. And by doing this deep work within we realise that this battle is our inner battle because everyone wants to be the "good guy or girl" and it's easier to blame the outside world for it than to take responsibility for what is happening in our lives.

Guess what? Not possible!

If you don't like what you are seeing reflected back at you, stop and think about what you are doing in your life. Where is your power going? What vibrations are you feeding? Where is the Love, the compassion, the humility, the trust that you are Divine?

I hope that this can lead you to think more about what you are, to restore your faith, your knowing that everything is Divinely unfolding, even though you can't see the finish line.

This is what we need to do, using someone else's words, to illustrate it:

"What you focus on expands, and when you focus on the goodness in your life, you create more of it." Oprah Winfrey

What and how does this make you feel?

This makes me feel hopeful because it also makes me think that the responsibility

of my life and what happens is mine, so I choose to vibrate in Love and Compassion.

I gave up the victim state a long time ago, it took me nowhere, I can see that very clearly now, I couldn't at the time I was in it. But everything in our lives is a choice, we all have choices along the road, the important thing is to choose from a point of Love, not fear and here resides the difficult part because the energies all around the world are fear-based and that makes the collective to feel it and embrace it as the Truth, it isn't!

So, how can we change it? We start one step at a time, doing the inner work, connecting with our Soul (or whatever name you have for it), bringing more of that Divine energy that you are and being fully present at every moment of every day, being mindful about your feelings and emotions.

Because the human body has up to 70% of water, we resonate with a lot of stuff that isn't ours but we take it as our own.

You can see Dr Masuro Emoto work with water to fully comprehend this information, but I can tell you that it's the main reason why we feel so much of what's not ours and someday we can even feel depleted of energy. Water is very important in our lives, we should pay more attention to it.

The collective is full of fear. We have been going through a "dark night of the soul" for the past two years and for most people nothing came of it.

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A funny fact, "The Dark Night of the Soul" is a poem by St. John of the Cross. I will leave it here so you can read it and feel it for yourselves.

*"On a dark night,
Kindled in love with yearnings-oh, happy chance!-
I went forth without being observed,
My house being now at rest.*

*In darkness and secure,
By the secret ladder, disguised-oh, happy chance!-
In darkness and in concealment,
My house being now at rest.*

*In the happy night,
In secret, when none saw me,
Nor I beheld aught,
Without light or guide, save that which
burned in my heart.*

*This light guided me
More surely than the light of noonday
To the place where he (well I knew who!)*

*was awaiting me-
A place where none appeared.*

*Oh, night that guided me,
Oh, night more lovely than the dawn,
Oh, night that joined Beloved with lover,
Lover transformed in the Beloved!*

*Upon my flowery breast,
Kept wholly for himself alone,
There he stayed sleeping, and I caressed him,
And the fanning of the cedars made a breeze.*

*The breeze blew from the turret
As I parted his locks;
With his gentle hand he wounded my neck
And caused all my senses to be suspended.*

*I remained, lost in oblivion;
My face I reclined on the Beloved.
All ceased and I abandoned myself,
Leaving my cares forgotten among the lilies."*

Unfortunately, most people misunderstand its meaning, the dark night has nothing to do with the difficulties of life, but more with the necessary experiences the soul must go through on the path to Divine Union, going back to the beginning, the Union between heaven and earth, feeling that Love, that Unconditional Love, the Love that has no conditions and that makes you feel whole!

I hope we all enjoy reading this article, but if you don't that's fine too! After all, we are all different and we feel things differently.

Sending Love Blessings and a beautiful Solstice to you all.

Sara Neves de Sousa
Angelic Reiki Master Teacher, New Shamballa Master Teacher and Golden Heart Merkabah of Creation Master Teacher

Some Zen wisdom

Abraxas continues its exploration of posts from Kevin Core's blog, which he started in January 2008 and focuses on a book by Tim Freke called Zen Wisdom. A quote from Tim's book is followed by Kevin's explanation.

Visit Kevin's blog at shamballazen.blogspot.co.uk

19th May

If you want to achieve a certain thing you have to change into a certain person, but then you won't care about doing that certain thing.
Dogen.

To be identified with a thing, you have to be identified as a person who wants to achieve that thing.
For example: If I wanted to win the lottery I would have to become a person who needed money.
Once I created this identity, it would become irrelevant if I won the lottery or not. It is the creation of identity to define who we believe ourselves to be which is the true attachment.

25th May

Look at that rainbow.
It is only when the sky cries that you see the colors in the light.
T'ao-shan.

The zen masters always saw nature as the great teacher.

26th May

My detractors are actually good friends, because if I am equanimous and accepting the power of love and humility, which is born of the Unborn, grows within me.
Yung-chai Ta-Shin.

The master recognizes that there are no enemies,
Only people who are doorways into the power
Of love and humility which is your essential Self.

28th May

Student. "I am very discouraged.
What should I do?"
Soen Nakagwa "Encourage others."

To be anything is to centre on the small self. Let go into the greater Self reflected in those around you.

29th May

Master Chu-hung was once writing a book on the good deeds of Zen monks when a student asked him, "What is the use of writing such a book when in Zen there is nothing good or not good?"
The master slapped him on the face.
The furious monk was about to leave when the master smiled and said, "You are not the real thing yet.
Why don't you wipe the dirt off your own face?"

For the monk to be slapped on the face was not good, in his opinion, hence the indignation. Therefore his attachment was revealed.

We hope you've enjoyed the newsletter and we'll be back for the spring equinox edition.

*In the meantime, to get in touch about any of the articles or share any AR experiences, email
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